

Gemüsesorten	Jan	Feb	Mär	Apr	Mai	Jun	Jul	Aug	Sep	Okt	Nov	Dez
Auberginen						●	●	●	●			
Blumenkohl						○	○	○	○	○		
Brokkoli						●	●	●	●	●		
Bohnen, grün							●	●	●			
Chicoree	●	●	●							●	●	●
Chinakohl								○	○	○	○	○
Eisbergsalat						●	●	●	●	●		
Erbsen							●	●	●			
Feldsalat	●	●									●	●
Fenchel							●	●	●	●		
Grünkohl	●	●									●	●
Kartoffeln	●	●	●	●	●	●	●	●	●	●	●	●
Karotten							●	●	●	●	●	●
Kohlrabi					○	○	○	○	○	○		
Kopfsalat				○	○	○	○	○	○	○		
Kürbis									●	●	●	●
Lollo Rosso						●	●	●	●	●		
Mangold						●	●	●	●			
Paprika						●	●	●	●	●	●	●
Porree/Lauch	●						●	●	●	●	●	●
Radieschen					●	●	●	●	●			
Rettich						○	○	○	○	○		
Rosenkohl	●	●								●	●	●
Rote Beete	●	●								●	●	●
Rotkohl	●	●							●	●	●	●
Rucola					●	●	●	●	●	●	●	
Stangensellerie							●	●	●	●		
Spargel				○	○	○						
Spinat				●	●	●			●	●		
Steckrüben	●									●	●	●
Tomaten						●	●	●	●			
Weißkohl	●	●							●	●	●	
Wirsing									●	●	●	
Zucchini						●	●	●	●	●		
Zwiebeln							●	●	●	●		
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